

Patient Card for Valproate <invented name>:

Contraception and Pregnancy - What you must know*

- Valproate is an effective medicine for epilepsy and bipolar disorder.
- Valproate can seriously harm an unborn child when taken during pregnancy.
- Always use effective contraception without interruption during the entire duration of treatment with valproate.
- Remember to visit your specialist at least each year.

** This applies to all girls and women using valproate and who could become pregnant.
Keep this card safe so you always know what to do.*

Patient Card for Valproate <invented name>:

Contraception and Pregnancy - What you must do*

- Read the package leaflet carefully before use.
- Never stop taking valproate unless your doctor tells you to as your condition may become worse.
- If you are thinking about having a baby, do not stop using valproate and contraception before you talked to your doctor.
- If you think you are pregnant: Schedule an urgent appointment with your doctor.
- Ask your doctor to give you the patient guide. *{Subject to national implementation:}*[< More information about valproate use can be found at <webpage>.]

** This applies to all girls and women using valproate and who could become pregnant. Keep this card safe so you always know what to do.*